

State High School Events Coverage

State Gymnastics: Pierre, Friday - Saturday, February 9 - 10 - Special Events ch 151, 152, 153, and 154

State Wrestling: Sioux Falls, Thursday - Saturday, February 22 - 24 - all matches available at trackwrestling.com

State Girls Basketball: Thursday - Saturday, March 7 - 9

Class B Girls (Rapid) - Special Events ch 151

Class A Girls (Brookings) - Special Events ch 152

Class AA Girls (Sioux Falls) - Special Events ch 153

Check our Facebook page for updates.



Grand Giveaway Winner

Congratulations to Kelli Mays, who won a \$100 Netflix gift card, \$100 Hulu gift card, and \$100 NVC credit in our Grand Giveaway!

Wondering how to register? No problem, because there's no purchase or registration, just winners! Each month we randomly select one of our "grand" residential customers to win. Our next winner could be you!

Parental Control Apps

According to Security.org, kids are most likely to face cyberbullying on YouTube, followed by Snapchat and TikTok. Beyond cyberbullying, in the past year, one in five children has been contacted or solicited by a digital predator. According to the FBI, there are approximately five hundred thousand online predators active each day. Furthermore, about half of the victims of online sexual exploitation fall between the ages of 12 to 15 years old.

The below apps can help automatically filter out hateful messages, sexual advances and phishing campaigns.

Google Family Link



Google Family Link is an excellent free introductory app for those new to parental protection software. It's considered one of the best parental control apps for Android. Parents can set screen limits, see where

their child is, and require parental approval for any app.

Bark Parental Control





email, YouTube, and 30+ apps, and social media platforms for issues like cyberbullying, suicidal ideation, adult content, sexual predators, profanity, threats of violence, and more. Parents receive alerts only when something potentially problematic occurs online. It's not a free app, and there are a few different plan options.

Canopy



Canopy uses advanced computing technology, including artificial intelligence and machine learning, to recognize and filter out inappropriate content on the web and many popular apps. Various plan options are available based on number of devices and amount of monitoring desired.

StayFree - Screen Time

StayFree makes it easy to connect an unlimited number of devices together and combine their usage statistics. This app lets parents and kids track how much time is spent



on any app and create alarms that warn you when you've spent more time than you intended on a particular app. StayFree also has website blocker and data usage monitoring apps.

Update Your Email

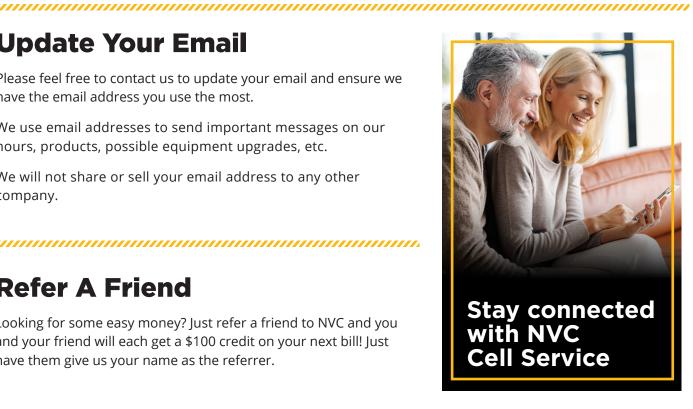
Please feel free to contact us to update your email and ensure we have the email address you use the most.

We use email addresses to send important messages on our hours, products, possible equipment upgrades, etc.

We will not share or sell your email address to any other company.

Refer A Friend

Looking for some easy money? Just refer a friend to NVC and you and your friend will each get a \$100 credit on your next bill! Just have them give us your name as the referrer.



AAHS Sponsored Pet

Our January Aberdeen Area Humane Society sponsored pets are a little different as they are bunnies. The five bunnies were dropped off at a house and brought in by the Sherriff's Department. As of printing deadline, Hot Tamale, Jolly Rancher, Nerds, M&M, and Starburst are all still available. If our sponsored et is adopted during that month we donate \$250 to the AAHS.

Our November pet, Millie, is still available. You can find out more about the bunnies, Millie, and other available pets at anewleashonlife.net or call the AAHS at 605-226-1200 to schedule a time to visit.



Streaming: Ways to Save

Not long ago Netflix, Disney+ and Hulu with Live TV would cost you around \$56 a month. What a steal, considering now those same services will cost you over \$100.

Over the last number of years cord cutting has been a popular thing. As prices go up, people are reevaluating their streaming bills as well.

There are many ways to save and still get your streaming fix. Check out some ideas below.

Rotate your subscriptions

Subscribe to one or two must-have services for the year, and select only one or two more options to fit your monthly budget. Rotate the bonus service(s) according to what you want to watch, ensuring you don't miss your favorite shows while sticking to your monthly spending cap.

Find the total episode count and wait until they're all available at once on a platform. You cancel a service and then, once all the episodes are available, resubscribe to catch up. Alternatively, you can start streaming a show mid-season to cut costs.

Watch Ads

You can get free or cheaper options if you're willing to put up with commercials.

Share

Not everyone has banned password sharing yet. Amazon lets up to six people share. Through Apple's Family Sharing feature, six folks get Apple TV+. Disney+ started cracking down on password sharing for Canadian users, but it's still OK here in the U.S. — for now.

Pause

Hulu allows you to pause your subscription for up to 12 weeks, and Sling has a similar option with stipulations. Check with your streaming provider to see if you can take a temporary break without canceling.

Try free streaming services

There are more and more services that offer a wide variety of programming (channels, shows and movies) for free — in exchange for sitting through non-skippable ads. They include Amazon's FreeVee, PlutoTV and The Roku Channel.

Keeping Your Home WiFi Network Secure

Your home network's security is only as good as the configuration of your router. Leave it open or vulnerable, and you might end up with freeloaders that hog your bandwidth, at best. At worst, a snoop might take the opportunity to examine your internal traffic, hoping to learn sensitive information about you that can be exploited.

Use these tips below to ensure your network's security.

Change your passwords

Not only change your password to something stronger, but use a password manager. This will ensure it's more random and stores it so you don't forget it.

Update your router

WiFi technology has improved a lot recently, so if your router is a few years old, it won't work nearly as well as a new one. Newer WiFi technology uses stronger wireless signals and allows multiple users to connect at the same time.

Check for outdated client devices

While your WiFi router is an important part of the WiFi network, the wireless devices that you use to connect to the Internet also impact the quality of your WiFi experience. As with the router, older devices are going to have outdated technology, resulting in slower connection speeds.

Set up a guest network for smart home devices

A guest network is a feature on some routers where you can set up a separate SSID and password for access to your home network, and people on that network won't be able to see devices (and their traffic) on your primary network.

